

We consider it a special privilege to provide quality care for your children as they grow and mature from infancy to adulthood, and we're dedicated to helping you through all the stages in between.

We're proud to be your **Primary Care Home** and are here to coordinate your child's care to help you get the services you need when you need them. We'll listen to your concerns and answer your questions, help you play an active role in your health and offer after-hours help and alternatives to the Emergency Room.

As a Primary Care Home we'll make prevention and wellness a top priority. If you have a special health concern or condition, we have a team that'll help connect you with other professionals and resources. This team includes Care Coordinators, a Referral Specialist and Behavioral Health Specialist. Your health care team is led by your primary care provider and we'll all work together to ensure you get the best possible care.



With warm regards,

Christina M. Grucella MD
Clinic Director

For Your Next Appointment...

- Bring a list of questions and tell your care team what health issues you want to focus on.
- Ask your care team how to reach them after hours
- Before you leave be sure you know when your next appointment is and the things you can work on to improve your health.

You can access our website www.wfpeds.com for more information on our policies and procedures and how to access our patient portal.

Timothy "Jeff" Jeffreys MD Pediatrician

Medical School: OHSU.
Internship: University of Kansas
Medical Center. Residency:
OHSU.

"Dr. Jeff" received his medical degree from OHSU in 1987, and was board certified in Pediatrics in 1991. He enjoys hiking, photography and listening to music in his free time. It must be said he also harbors a irrational aversion for anything paisley.



Dilek Bishku MD, MPH, MSc Pediatrician

Medical School: Ege University,
Izmir, Turkey. Residency: University
of Florida, Shands Teaching Hospital. Fellowship: General
Pediatrics. Boston Children's Hospital, Other Postgraduate
Training: Masters of Public Health, Harvard School of Public
Health.

Dr Bishku joined us in 2013 from Chicago, where she worked at both the University of Chicago Department of Pediatrics and La Rabida Children's Hospital, a specialty hospital for children with chronic illnesses. In her spare time, she enjoys spending time with her family and her dog, "Pickle", and continues to write books for children.



Jennifer Shepard MD Pediatrician

Medical School and Residency:
Oregon Health and Sciences
University.

Dr. Shepard grew up in Portland and has enjoyed staying in the Pacific Northwest for her education, attending college at OSU (Go Beavs!) and medical school and residency at OHSU. She views general pediatrics as an opportunity to improve the health of our community through education, outreach, and advocacy. Outside of work, she enjoys spending time with her husband and spending time with her two young children.



Christine Guenzi, MD Pediatrician

Medical School and Residency:
University of California, Irvine.
Masters in Public Health in
Epidemiology, Loma Linda
University.

Dr. Guenzi (GWEN-zee) grew up in central California and has recently escaped the traffic of southern California to join our practice. Outside of work she enjoys playing piano, skiing, and cooking with her husband.



Kristen Pittman, PCNP

Kristen is a board certified Pediatric Nurse Practitioner who joined our practice in 2019. She received both her Bachelor and Master of Science degrees in Nursing from Columbia University in New York City. Upon graduation she moved back to the Pacific NW where she was raised and feels right at home! Kristen has over a decade of primary care pediatric experience, with special interests in adolescent health, pediatric mental health, lactation support and newborn care.

When away from her beloved patients at the office, she spends time with her husband and their three young girls. She enjoys cooking (and baking), reading, exploring Oregon's wine country and spin classes.



Tamara Scott, PCNP

Tamara recently joined our practice after spending the past 23 years caring for children with cancer and other life-threatening medical conditions. Tamara grew up in the bay area of California., and received her Bachelors of Science in Nursing degree from California State University, California in 1987, and her Masters of Science in Nursing/PNP degree from California State University, Los Angeles in 1995.

Tamara and her teenage daughter moved to Oregon in 2014 and have been enjoying the lush green landscape and the coastal areas. Outside of work, Tamara enjoys spending time with her daughter, friends, and extended family, as well as painting, knitting, and photography.

